



a theatrical requiem written and directed by Anna Furse

Craiglockhart Campus Chapel Edinburgh EH14 1DJ

Sunday 18th November 2018 4.30 pm & 7.30 pm

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Bookings: Napier.ac.uk/SHOCKS Facebook: Athletes Of The Heart



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Athletes of the Heart in co-production with The School of Arts and Creative Industries, Edinburgh Napier University in collaboration with staff, students and graduates of Edinburgh Napier, QMU + Edinburgh Lighting & Sound School

During WW1 the Victorian stiff upper lip began to quiver - uncontrollably. The misnomer 'shell shock' was applied to the condition of thousands of soldiers - on both sides - who came out of the trenches suffering not physical wounds but emotional and psychological breakdown.

This large-scale ensemble performance looks at this male hysteria as a psychophysical protest. It brings in the voice

of both the 'shell shocked' war poet, Wilfred Owen, and the pioneering doctor W.H.R Rivers, who substituted the barbaric practices of mental rehabilitation at the time with talking therapy. Sited at Craiglockhart, the former asylum for WW1 patients, including, famously, the poets Owen and Siegfried Sassoon, SHOCKS is a theatrical requiem that laments how battle takes a boy and births a broken warrior.

Composer & Musical Director Ken Dempster

Performers Mathew Wernham & Diogo Andre

> Videographer Tina Gonzalez

Lighting Design George Tarbuck

Costume Design Karolina Anuszkiewicz

> Costume Tutor Polly Lister

Production Management Susan Martin

> Graphic Design Dave Darcy

Lorna Murray

String Quartet Alexandra Prentice Sophie Cushnie Dan Safford Joanna Stark

Bryony Carson Holly Clark Craig Giblin James Hav Sarah Innes Harris Williamson

Ellie Kerr Fergus Munro Keziah Sharp Charlie West

Goldsmiths

Edinburgh Lighting & Sound School

